

2019年 聖誕節

# 天主教聖多默宗徒堂

## 堂區特刊



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## 牧者的話

盧賢喆神父



### 金星（晨星/昏星）一直跟隨太陽的道路

請問，大家有沒有過看到晨星/昏星？在哪裡可以看到呢？其實晨星/昏星的名稱均來自同一個行星--金星。因為金星是一個比地球

更近太陽的內行星，所以要在特別的時間才可以看到。日出之前，日落之後，金星只有在這時段內出現，所以我們叫它做晨星/昏星。由於太陽的光線很強，故當太陽出現時，便不能夠看到周圍的星球包括金星，但金星卻一直跟隨太陽的道路。

### 金星邀請太陽繼續行自己的道路，像父母深切的愛

當我小時候學到這科學知識後，便努力地尋找金星。金星在地球被陽光照耀時，卻減損了自己的光芒，走進黑暗處。但金星一路邀請太陽繼續行自己的道路，太陽出來時，毫不計較自己在那裡只有一小時的存在。這樣的關係，令我感受到一種像父母深切的愛。

### 教友努力實踐，邀請其他人感受天主的愛

父母用愛養育我們，養育的意思是悉心照料一個人成長的過程，參與孩子的人生，用邀請的方式照顧孩子的成長。同

樣，我們以教友身份，得到天主的邀請，得到祂的愛。我們每日都在這世界上，盡量實踐天主的說話，讓這世界的人都擁有天主的愛。這件事推動我們努力實踐，邀請其他人感受天主的愛。

### 今年聖誕，我們邀請其他人進入天主的懷抱

救主降生，耶穌來到我們日常生活中，用邀請的方式提醒我們是天主的子女，提醒我們的任務---是去邀請周邊的人，一起進入天主的懷抱。準備慶祝耶穌的誕生，就是聚焦在這一個任務。我們運用所經驗到的照料，在這世界上實踐天主的愛。跟隨這聖誕精神，我們便可以明白孔子的一句說話：“己欲立而立人”。天主每天都邀請我們進入祂的世界，同樣我們也學習邀請其他人感受天主的愛，最後大家得已保留天主的肖像。今年聖誕，大家要有這精神，跟身邊的人實踐這計劃。

### 開心同行，感受愛

我與大家一同在生活當中感受到這種愛，一路開心同行。我把聖多默堂教友的愛，放在心裏面，永遠記著，希望大家在祈禱內見面。透過這祈禱，我跟大家能夠實現天國。我感謝天主引領我住在這裏，還感謝大家不斷支持無用的我。無論在哪裡，都朝向同一樣的地方--天國！多謝！

## 戰火中帶來基督的光

Walter 梁偉賢

「掃祿準備前行到大馬士革迫害教徒時，復活的基督向他顯現，就在那裏轉化為保祿宗徒。」（宗 9:1-18; 22:4-16; 26:9-18; 迦 1:12-17）今年六月收到任務到鄰近土耳其邊境的敘利亞難民營建設一所戰地醫院，在短短的三天由請假、訂機票和簽證便匆匆踏上旅途。由貝魯特前去大馬士革途中一直思量聖保祿的轉化有何啟示？由大馬士革前往哈薩克九小時車程中，經過無數武裝關卡，見到的是一片受戰火摧毀的城鎮和沙漠。今年三月敘利亞政府軍打敗伊斯蘭國收復被佔領的地區後，有七萬多失去居所的難民被安置在鄰近土耳其邊境的哈薩克難民營，那裏沒有完善的外科醫院，很多受戰火所傷的難民得不到適切的手術治療，導致殘廢和不必要的痛苦；我們這戰地醫院便成為他們唯一的、有完善設備的外科醫院。



每天有超過百名病人來求診，大部份是老弱婦孺，每天手術室流程排到滿滿，有急性手術如割盲腸、剖腹生產，但多是受炮火所傷的傷口處理。我的任務是急症室護士。在戰地醫院服務時，最困難的不是長時間在熾熱沙漠環境照顧傷患，而是在來求醫的人群中找出最危急的病人，特別是婦孺，她們往往是被埋沒在人群深處，另外就是要在同一時間照顧多名傷者。有一下午，同時有一嚴重營養不良發著高燒的初生嬰兒，一位小女孩被火燒傷手部，起了幾個大水泡不停地哭著，另一位少女被刀割傷不停地流著血，就是憑著經驗即時為少女縫上幾針止血並在短時間處理好另兩位病人。

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我們不僅祇提供肉體治療，心靈關顧和尋親服務都是服務重點。一天有一婦人帶同六七個小孩來到我面前，他們當中有發燒、營養不良、受炮火所傷致使殘疾的，那婦人自己亦有一顆子彈埋藏在她頭顱內影響她的行動，細問下才知她們是伊斯蘭分子的家眷，現祇有她在營中照顧那些孩童。我們提供適切治療給她們外，還帶小童到遊戲帳篷玩耍，以紓解她們的心靈創傷。

自美國十月從敘利亞撤軍後，土耳其便攻擊難民營鄰近的庫耳德地區，對這所醫院亦構成重大的壓力和危及自身的安全，但我們還是堅持緊守崗位，這就是人道精神。



敘利亞有著耶穌和聖徒們的足跡，「他的名聲傳遍了整個敘利亞。人就把一切有病的、受各種疾病痛苦煎熬的、附魔的，癩癩的、癱瘓的，都給他送來，他都治好了他們。」（瑪 4:24），同時「他一見到羣衆，就對他們動了慈心，因為他們困苦流離，像沒有牧人的羊。」（瑪 9:36），我們在那荒野沙漠雖不像基督能治癒所有病苦，但亦是憑著基督的愛和慈悲憐憫之心盡力為這些受著肉身、心靈痛苦煎熬的人帶來點點的希望和溫暖。在我心靈反思中要成為「地上的鹽、世界的光」（瑪 5:13-16），為主作見證，以生命影響生命。在這迎接主基督降生的節慶，祈求主免除他們的苦難，洗滌他們的傷痛。



聖多默宗徒堂  
St. Thomas the Apostle Church



## 家務組

編輯組

聖多默宗徒堂「家務組」成立於2015年，源起於當年是慈悲禧年，本堂成為香港教區七間朝聖聖堂之一，很多區外教友和團隊到訪本堂朝聖，堂區需要大量弟兄姊妹幫助，維持本堂整潔的環境，因而成立本組協助。

「家務組」的成員無私地為堂區奉獻，全是義務性質的。家務組的服務時間彈性很大，沒有特定的時間。但成員們的工作範圍很廣泛，如每週清潔聖堂，抹塵、抹地、抹跪櫈，甚至洗廁所；清理雜物房的物品；每逢父親節、母親節更親手製作義賣的禮品；修補及重新包裝感恩祭的禮儀書。每年明愛義賣籌款活動的前期工作，都是「家務組」成員在修女協調下，分門別類整理、標籤定價那些由志願團體或個人的捐贈物資。

聖堂是我們的家，我們在此成為了天父的兒女，大家也成為了弟兄姊妹。歡迎有意為這個家服務的弟兄姊妹加入。只要你願意，「家務組」隨時歡迎你。



聖誕節裝飾佈置



分類定價明愛捐贈物資



協助明愛義賣活動



清潔堂區



製作母親節禮物



製作父親節禮物

## 柬埔寨青年交流團分享

平安，相信是每個人也需要的。

今年夏天，有幸參加由盧神父和甘神父帶領的柬埔寨和香港青年的交流活動，與柬埔寨青年十多天相處的日子，回憶真的很多。我們一起做了很多事情，例如參觀、服務、朝聖、參加彌撒、祈禱、詠唱聖詠、做聖像畫、燒烤、唱歌、分享、在搖床邊說邊笑等等。在這十多天的相處裡，原來天主每天都送給我一份小禮物，就是一起經驗的平安。

對我來說，平安是在生活中看見人的美善；在服務中一起經驗喜樂；在祈禱中感受到聖神的帶領而泛起內心的觸動；在關係上有一份親密的連繫，這些都是手觸不到，但心可感受的過程，是一份很溫暖和完滿的內心體驗呢！羅馬書曾記載：「應與喜樂的一同喜樂，與哭泣的一同哭泣。」（羅十二15）希望大家在生活中都能經驗和感受到這份平安。

飛兒



這次往柬埔寨和越南的交流及朝聖之旅確實令我增廣見聞。在短短的十多天旅程中，我們香港團十多人及柬埔寨團的二十多位青年，在透過這次交流活動，令大家彼此認識，建立友誼，並分享了相互間的生活點滴，經驗了同一信仰的體會，共渡了許多愉快的時光。

交流前我從未到過柬埔寨，一直以為那邊的地方設施都是很簡陋；生活水平很落後，衛生情況比較差，但事實卻不是如此，例如首都金邊，其實是一個很現代化的城市。儘管後來我們探訪的地方比較偏遠，但卻為我們提供了一個體驗農村生活的機會，並到周邊的地方做服務。柬埔寨的生活十分簡單，人亦如是；他們待人都十分熱情真摯，沒有太多顧忌，因此即使在偶有溝通障礙的情況下，我們也很快熟絡起來。在柬埔寨青年的分享和禱告環節中，也能夠感受到他們的虔誠；他們時時向天主感恩他們所擁有的一切，時時心中記掛祂，令人好不感動。

之後幾天我們去了越南朝聖，當然這是個更發達的地方。那裏的聖堂都十分宏偉，每處苦路都有接近真人大小的雕塑。最令我留下深刻印象的景點，就是耶穌山，站在山頂基督像的肩膊處俯瞰一覽無遺的山下景色，十分壯觀。

十多天的旅程在一瞬間完結。告別那天，大家都依依不捨，相擁流淚，我們期待再次相聚的一天。

Katherine





建堂 20 週年開放日相集





6月22日初領聖體



6月23日聖體會



6月23日送聖體員派遣禮



6月30日主保瞻禮暨聖振聖事



9月1日嘉義教區青年香港朝聖之旅



9月28日接待組派遣禮



9月28日聖言宣讀會派遣禮



10月1日古道行朝聖



9月29日嬰兒領洗



10月6日寵物祝福禮



10月12日主日學開學彌撒



10月20日抄寫聖經活動派遣禮



10月27日聖母花園工作坊



12月1日步行籌款



10月26日成人嬰兒領洗



11月2日秋日行山樂

## Sr. Shinoby 施修女專訪



### An Experience of Joy....

I am really happy to introduce myself and share my joy of being a religious missionary sister.

I am Sr. Shinoby Thomas, belonging to the congregation of Missionary sisters of the Immaculate. I come from India, a country which is very rich in different religious faiths and customs. I was born in India, a very traditional Catholic family, in the southern part, Kerala. I have five brothers and four sisters. I received faith, good education and Christian

formation from my family. I think this is one of the reasons for my vocation though I was not aware of it.

My missionary vocation had its seed in my family. Initially it was from my mother that I developed the desire to serve the poor, to love the unloved and to care for those whom no one cared. Later on this desire grew through various church activities, encouragement from all my teachers to love and serve the poor. Besides my mother, it was my God-mother who helped me to grow more spiritually. The desire to serve the Lord began to increase when I was 8 years old: I witnessed the service done by a religious sister to a group of children in an orphanage. Their cry for love and care moved me to reach out to them and share with them what I received. In the beginning there was opposition from my family members to enter into the religious life. But in front of my firm decision they had to refrain from calling me back home.

### The Journey of my religious missionary life.

At the age of 15, I entered the religious life. I had seven years of formation before taking my final vows of poverty, chastity and obedience. During these years with the religious formation, I was also doing my academic studies simultaneously. During the last two years of my intense preparation for my profession, I had a special encounter with the Lord Jesus and this enabled me to recognize God's immense love for me. There I spoke to my Lord, "Lord, You are my everything, you are enough for me". I was fully convinced of the "Yes" I was about to say in my profession.

Since then, almost 19 years have passed. Being a sister encompasses my whole being, every day. It leads me in ways I could have never imagined when I started the journey. The religious formation may not always be pleasant in the process, but it is leading me closer to God, moulding me into the person as God creates of me being. Being a religious sister has broadened my perspective rather than narrowing it and it keeps changing the very context of my life. It fills me with great joy and also presents great challenges and decisions which I sometimes wish they were not there. But in the midst of it all, I recognize that for me, religious life is the path to becoming who I am called to be.

One year, during my annual retreat I heard a voice within me "My child, embrace the life I've given you". That was the turning point for me not just to accept my life, but to embrace it with joy and victory.

The Institute that I belong is an international exclusively missionary congregation. We serve in different parts of the world. Right from the beginning of our formation, we are told to be ready to go to any place the Lord sends us to serve him. Hence, on 14th August 2009 I was sent to Hong Kong – China to join my sisters in carrying out His mission. During the first two years I was given the opportunities to learn the Cantonese language. These two years of my language study not only helped me to learn the most difficult language but also taught me many things: the culture, traditions, etc. When I began to study the language, I found myself as though lost completely; hope was wavering and the courage declining to continue to learn. Then I told the Lord, "Lord I am not able to move on...it is too heavy for me". Immediately the hand of God intervened through my sisters and the people. Yes, the Lord who called me to Hong Kong heard my prayers and began to take care of me through my loving sisters, and friends around us. He showed me how He sustains 'the one He calls'.

After two years of my Cantonese language study, I was invited to do my service in SS. Cosmas and Damian parish, Tsuen Wan. One of the most influential experiences that I had in my life was my days of working in SS. Cosmas and Damian parish. Although I studied the language for two years, when I began to work I found myself inadequate. I did not even know how to introduce myself in Cantonese. At that time I remembered the Lord presented me 2 Corinthians 12:9 "My grace is sufficient for you, for my power is made perfect in weakness." The Grace of God led me each day. I could encounter Lord in every person I met, every event I experienced, regardless of joys and sorrows. I felt it was my home, and everyone considered me as their own family member.

Once, while I was in the church praying alone, one of the parishioners, thinking that I am sad, approached me telling "Sister, don't worry, even if you are unable to speak in Cantonese fluently. That's no problem, you be just by our side, that's enough for us". Dear friends, I cannot describe the joy that I felt within me. I felt it was the message from my Lord Jesus, a sign of His infinite love and care for me. All these years when I am in Hong Kong I can proudly say that the love, care, support, encouragement and acceptance of the people are just amazing. Now what I can give to them is only my love and prayers and remain always in gratitude. Throughout my journey of faith with the people I have learned more about how they experience their church and their belief in Jesus. I learned new ways of conveying my knowledge.

After seven years of my stay in Hong Kong, I had to return to India for my further studies. When I was back to Hong Kong, I was invited by Fr. Joseph to work in Tsing Yi parish. I am indeed glad to be here in this parish. I only pray that God may give me insight for the future that I may continue to learn from daily life situation and set the best example I can as a Missionary Sisters of the Immaculate. My positive outlook towards life is what sustains me in my life as a religious missionary. I owe my vocation to my beloved family members, my sisters in the Institute, and all my friends, who are very supportive and encourage me to live my religious life faithfully.

Today I can also say along with St Paul "I know how to live. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. For I can do everything through Christ, who gives me strength." Philippians 4: 12-13



## The Legion of Mary Book-Borrow

Book borrowing, in other words setting up bookstalls for book lending are one of the many apostolic works of our Legion of Mary group. Through this work, we were able to not only create friendships with our parishioners but to also give them a helping hand with their spiritual growth. Spiritual books, magazines, prayer and Bibles are available for all to lend or even purchase!

This 2nd year, we aim to encourage even more parishioners to take part and lend books of their choice.

By Ivy – Legion of Mary 1



2000 Hail Mary Devotion





Birthday Party for Oct and Nov Bday Celebrants

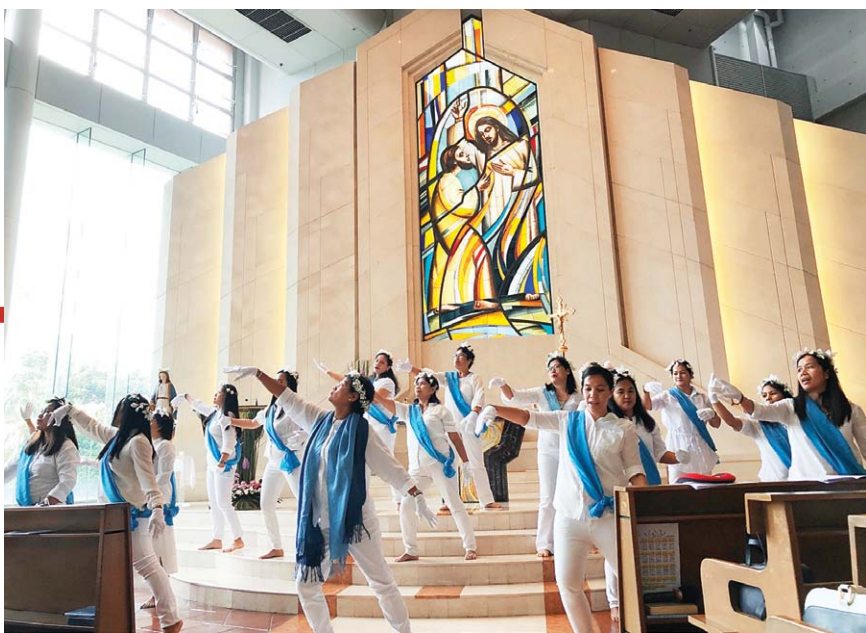


## Altar Servers Commissioning

Super grateful and happy to witness and welcome my new members committing themselves as a servant of God. Through our faith we will serve the Lord and spread good news to others because "Many are called but few are chosen ."

Jacky Valoria – Altar Server Ministry Head





October Rosary Gathering





Advent Recollection with Fr Noh

### 為亡者祈禱

請為本堂善別組(1/6至18/11)曾服務的亡者靈魂祈禱：

天主，我們相信祢以恩澤與仁慈對待倚恃祢的人，並以祢的憐憫收納以下弟兄姊妹，使他們安息在祢的懷中，得享天國的福樂！也讓我們因依靠祢而獲得心靈的平安。

黃帶喜 李德容 湯德青 李伙妹 魏錦鴻  
林玉倫 羅金福 黃金娣 馮伙根 孔麗華

### 2019 聖誕節禮儀時間表

彌撒	日期	時間
聖誕節提前彌撒 (中文) 彌撒前祈禱	12月24日 (星期二)	晚上七時正 晚上十一時十五分
聖誕節子夜彌撒 (中文) Christmas Vigil Mass (English)	December 24 (Tuesday)	子夜十二時正 9:00pm
聖誕節彌撒 Christmas Masses	12月25日 (星期三) December 25 (Wednesday)	按照主日各台彌撒時間 According to the Sunday Masses
聖家節彌撒 The Holy Family Masses	12月29日 (星期日) December 29 (Sunday)	按照主日各台彌撒時間 According to the Sunday Masses
天主之母節暨除夕謝主彌撒 (中文) New Year Eve Mass (English)	12月31日 (星期二) December 31 (Tuesday)	晚上七時正 9:00pm

### 2020 新年禮儀時間表

禮儀	日期	時間
天主之母節暨新年彌撒 New Year Mass (English)	2020年1月1日 (星期三) January 1, 2020 (Wednesday)	上午十一時正 9:30am